

## Learning a new technology with the Carers Reablement Project



Lily was referred to the Reablement project after attending a carers coffee morning as she was having trouble using her new tablet. She cares for her husband with dementia and has numerous health problems of her own. She finds it difficult to leave the house with her husband or leave him, so she had become very isolated. She wanted to use her tablet to keep in contact with her children and grandchildren who don't live locally.

We matched Lily with Robbie, a longstanding volunteer. They had 6 sessions together and Lily felt that was enough for her to build her confidence and reports – 'I can use my ipad more confidently now' Lily had a positive experience with the project and the best bit for her was 'being with a teacher who was so kind and caring.'

'I'm so glad that this wonderful service was available to me.'



**Reablement  
Project**