

Volunteering with the Carers Reablement Project



When I moved to Brighton 3 years ago, I was determined to continue my teaching journey on some voluntary work. I also needed to feel as a part of the Brighton community. I decided to join the Carers centre a few months ago. In accepting my contribution, they allowed me to combine again my two favourite activities teaching and helping others.

I met my first student in lovely little coffee shop on St James Street for our first lesson. I became proud of the thought of being her teacher. Helping her, making her happy and improving her knowledge became my pride from the first moment I met her. I was excited to start.

Every time we met, she surprised me in bringing not only the homework I gave her but she also provided extra work she prepared at home. At each lesson, she was excited, more confident, focused and interested in every subject we covered.

When I started to work with the Carers Centre I was aware of some difficulties I could come across with our students. Not crossing boundaries with my students, this was an important aspect of the work. I have never felt that Anne crossed these boundaries. She made my teaching and my contact with her very easy.

In the past, I thought when I was teaching French that I just enjoyed the teaching part, delivering knowledge. I had the privilege to be just a teacher. Teaching as a volunteer has provided me with another sense of purpose. I feel as part of Brighton community in making a difference to the people life. Teaching has given me a sense of fulfilment and satisfaction.

My first experience as a teacher with the Carers centre has convinced me that it was a good decision to work with them. I am really looking forward to meet my next student.

The Carers Centre has been very kind, helpful and supportive. I would recommend them to anyone who is willing to do voluntary work.



**Reablement
Project**