

Elderly & Vulnerable Priority Shopping Hours

Sainsbury's

Monday, Wednesday and Friday
8am - 9am

TESCO

Monday, Wednesday and Friday,
9am - 10am.
(except Express stores).

ASDA

Friday - from store opening until 9am.

M&S

Monday and Thursday - the first hour
of opening.

Iceland

The first hour of opening, every day.

Morrisons

Monday to Saturday, 9am - 10am.

Waitrose

The first hour of opening, every day.



Check local stores.



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