

Want to learn a New Skill or Hobby?



Are you an unpaid carer?
Would you like to learn something new?



Reablement
Project

www.thecarerscentre.org/carers-reablement-project

Want to learn a new skill or hobby?



Are you an unpaid carer?

Do you live in Brighton & Hove?

The Carers Reablement Project will match you with a volunteer for up to 10 weeks, to support you to learn a new skill, hobby or to receive support to attend a local group or class.

"I looked forward to seeing the volunteer each week. At a time that I had a lot going on it gave me a chance to do something different, just for me."

Call  carershub to find out more
01273 977000

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