



# **Benefits for Carers**

**and those they care for**

# **Fact Sheet No.4**

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## Introduction

This Fact Sheet gives information and advice on the Carer's Allowance, the Carer Premium and National Insurance credits for carers. It also provides information on benefits applicable to persons who are cared for and some more general benefits.

The Carers Hub is a focal point to help unpaid carers in Brighton and Hove get the information, advice and support that they need. This may be useful to you in this connection.

Tel: 01273 977000

Email: [info@carershub.co.uk](mailto:info@carershub.co.uk)

Website: [www.carershub.co.uk](http://www.carershub.co.uk)

## Carer's Allowance

If you are a full time carer you should be able to claim Carer's Allowance from the Department for Work and Pensions (DWP). To be eligible to claim Carer's Allowance you must be 16 years of age or over and caring for someone for at least 35 hours a week.

The person being cared for must get one of the following benefits:

- Personal Independence Payment - daily living component
- Disability Living Allowance - the middle or highest care rate
- Attendance Allowance
- Constant Attendance Allowance at or above the normal maximum rate with an Industrial Injuries Disablement Benefit
- Constant Attendance Allowance at the basic (full day) rate with a War Disablement Pension
- Armed Forces Independence Payment

If the person you care for has been awarded one of the above benefits you should make your claim for Carer's Allowance immediately asking the DWP to backdate the Allowance to the date of the award. Carer's Allowance can be backdated by up to 3 months.

Carer's Allowance is not means-tested. But receiving Carer's Allowance could reduce the benefit entitlement of the person who is cared for. To be considered as a carer for the benefit system you must claim Carer's Allowance. However, you cannot be paid Carer's Allowance if you receive basic benefits e.g. State Pension, Incapacity Benefit which are more than the amount of Carer's Allowance but you will have an underlying entitlement to the Allowance, which should be beneficial. See the section on Carer Premium below.

The rate for Carer's Allowance for the year 2023-24 is **£76.75 per week**.

For further information regarding the Carer's Allowance, including eligibility and how to make a claim, contact the Carer's Allowance Unit Tel: 0800 731 0297, Textphone: 0800 731 0317 or go to the website [www.gov.uk/carers-allowance](http://www.gov.uk/carers-allowance)

You can make a claim for Carer's Allowance online using this website. Alternatively, you can download the DWP's claim form DS700 from the website or ask the Carer's Allowance Unit to send you one.

### **Earnings and Carer's Allowance**

While claiming Carer's Allowance you are allowed to earn up to **£139.00** per week after deductions. If your earnings fluctuate, your weekly earnings can be averaged out over a recognisable cycle of work. Deductions include Income Tax and National Insurance, half of any occupational or personal pension contribution and some relief care costs due to work.

### **Carer Premium**

The Carer Premium is not a benefit in its own right, but an extra premium which is included as part of any means-tested benefits you get if you also receive Carer's Allowance. The Carer Premium is worth **£42.75** a week. If the other benefits you receive are more than Carer's Allowance, you can still get the Premium if you have an underlying entitlement to the Allowance.

### **National Insurance Credits**

If you receive Carer's Allowance, you will automatically get Class 1 National Insurance (NI) credits to your NI record. This will protect your benefit record e.g. for your State Pension.

If you are caring at least 20 hours a week for someone receiving the relevant qualifying benefits and are not getting Carer's Allowance, you can claim Carer's Credit using the DWP's application form CC1. If the person you care for does not receive the relevant benefits you may still be able to get Carer's Credit. You should fill in a Care Certificate (CC1 HSCP), get a health or social care professional to sign it and send it with the application form. This NI credit will also protect your NI record. The forms can be downloaded from the website [www.gov.uk/carers-credit](http://www.gov.uk/carers-credit) or obtained from the DWP's Carer's Allowance Unit Tel: 0800 731 0297, Text phone: 0800 731 0317.

Carers UK provide useful information on their website about the Carer's Allowance including a Fact Sheet which can be downloaded. See [www.carersuk.org](http://www.carersuk.org)

### **Benefits for the Person Being Cared For**

Personal Independence Payment (PIP) is mainly a benefit for adults under State Pension age who have long-term ill health or disability. It replaces Disability Living Allowance (DLA). It applies to new claimants and is also being introduced for most existing claimants. DWP will write to existing claimants personally before their DLA is scheduled to end. DLA continues to apply to disabled children under 16 years of age.

### **Personal Independence Payment (PIP)**

The benefit is based on how a person's condition affects them. An assessment by an independent health care professional of the person's claim is carried out to work out the level of help required. PIP is made up of two parts as follows:

### **Daily Living Component**

This can be paid at two rates depending on the care needed:

**Enhanced rate      £101.75 pw**

**Standard rate        £68.10 pw**

### **Mobility Component**

This can be paid at two rates depending on the care needed:

**Enhanced rate      £71.00 pw**

**Standard rate        £26.90 pw**

PIP is usually paid every four weeks. Contact the DWP to make a new PIP claim Tel: 0800 917 2222, Textphone 0800 917 7777. You will then be sent a form that asks about your condition.

You can start a claim by post instead although this will take longer to get a decision. Write a letter asking for the form to:

Personal Independence Payment New Claims

Post Handling Site B

Wolverhampton

WV99 1AH

You can only apply for PIP online in some areas. You will need to check your postcode if trying to do this.

For further information on PIP contact Tel: 0800 121 4433, Textphone: 0800 121 4493 or go to the website [www.gov.uk/pip](http://www.gov.uk/pip)

### **Disability Living Allowance (DLA)**

Where still applicable DLA is made up of two parts as follows:

#### **Care Component**

This can be paid at three rates depending on the care needed:

**Higher rate    £101.75 pw**

**Middle rate    £68.10 pw**

**Lower rate      £26.90 pw**

#### **Mobility Component**

This can be paid at two rates depending on the care needed:

**Higher rate    £71.00 pw**

**Lower rate      £26.90 pw**

DLA is usually paid every four weeks. For more information contact the DWP's Helpline Tel: 0800 121 4433, Textphone: 0800 121 4493 or go to the website [www.gov.uk](http://www.gov.uk)

### **Attendance Allowance (AA)**

Attendance Allowance (AA) is a benefit for people of State Pension age or older who, because of physical or mental disability, need help with personal care. This benefit is paid at two rates depending on how much care is needed:

**Higher rate    £101.75 pw**

**Lower rate      £68.10 pw**

AA can be claimed on form AA1, which can be downloaded from the website [www.gov.uk/attendance-allowance](http://www.gov.uk/attendance-allowance) Alternatively, the form can be obtained by calling the DWP's Attendance Allowance Helpline Tel: 0800 731 0122, Textphone: 0800 731 0317.

AA can be paid from the start of the claim. This is the date the form is received or the date of calling the enquiry line if the form is returned within 6 weeks.

### **Terminal Illness - Special Rules for Claiming**

With regard to PIP and AA, if any person is terminally ill and is not expected to live longer than twelve months, claims will be given high priority and applications will be dealt with very quickly. When a claim is made an SR1 form completed by a medical professional will be needed. This is a medical condition report.

### **Other Benefits**

Information on some other benefits is given below:

#### **Universal Credit**

Universal Credit (UC) is a benefit for people of working age who are on a low income and working, out of work or unable to work. It is made up of a standard allowance and other elements related to personal circumstances and is paid by a single monthly payment.

UC replaces Child Tax Credit, Working Tax Credit, Income-based Jobseeker's Allowance, Income-related Employment and Support Allowance, Income Support and Housing Benefit.

New applications for UC should be made online at [www.gov.uk/universal-credit](http://www.gov.uk/universal-credit) If this is not possible an application can be made through the DWP's UC Helpline Tel: 0800 328 5644, Textphone: 0800 328 1344. Further information can also be obtained from the Helpline or the website.

#### **Pension Credit**

Pension Credit gives people extra money to help with their living costs if they are over State Pension age and on a low income. Carers might also get extra help in this regard and could get an extra **£42.75** a week.

An application can be made online at [www.gov.uk/pension-credit](http://www.gov.uk/pension-credit) or by contacting the DWP's Pension Credit Claim Line Tel: 0800 99 1234, Textphone: 0800 169 0133. Alternatively, a claim form can be downloaded from the website or requested from the Claim Line to make a postal application.

Note: For State Pension enquiries and claims contact the DWP's State Pension Service Tel: 0800 731 7898, Textphone: 0800 731 7339 or visit the website [www.gov.uk/state-pension](http://www.gov.uk/state-pension)

## **Council Tax Reduction Scheme**

The Council Tax Reduction (CTR) scheme can help low income households, including those of some carers, with their Council Tax bills. Live-in carers who look after someone who is not their partner or child may be able to get an exemption from Council Tax. Council Tax also should not have to be paid in respect of a property left unoccupied by a person providing personal care for someone elsewhere.

For further information about Council Tax contact the Council's Council Tax Section Tel: 01273 291291, Textphone: 01273 290111 or go to the website [www.brighton-hove.gov.uk/council-tax](http://www.brighton-hove.gov.uk/council-tax)

## **Housing Benefit**

People can claim help with housing costs if they rent and are on a low income. People of working age living in Brighton and Hove should claim for help with such costs through Universal Credit (see Page 5).

Certain people can still apply for Housing Benefit from the Council including those over state pension age, those living in supported housing and those already receiving benefit and moving within Brighton and Hove.

Further information on Housing Benefit can be obtained from the Council's Benefits Service:

Tel: 01273 292000, Textphone: 01273 290333

Email: [housing.benefits@brighton-hove.gov.uk](mailto:housing.benefits@brighton-hove.gov.uk)

Website: [www.brighton-hove.gov.uk](http://www.brighton-hove.gov.uk)

The following websites have useful independent benefits calculators, which can be used to find out what benefits you could get.

[www.entitledto.co.uk](http://www.entitledto.co.uk)

[www.turn2us.org.uk](http://www.turn2us.org.uk)

[www.betteroffcalculator.co.uk](http://www.betteroffcalculator.co.uk)

The following websites also provide useful information about welfare benefits:

- Carers Trust at [www.carers.org](http://www.carers.org)
- Carers UK at [www.carersuk.org](http://www.carersuk.org)

Some benefits e.g. Universal Credit, Pension Credit entitle claimants to free prescriptions, sight tests, help with dental costs etc.

## **Carers Card**

This is a free card giving carers discounts on a range of health, leisure and transport facilities in Brighton and Hove. If you would like a Carers Card contact the Carers Hub – for details see Introduction (Page 2).

There are a number of other agencies that may be able to give you help and advice on benefits, claims and form filling etc. – details as follows:

**Brighton & Hove City Council  
Welfare Rights**

Tel: 01273 291116 (Advice Line, 10am -1pm, Monday – Wednesday).

Email: [welfarerights@brighton-hove.gov.uk](mailto:welfarerights@brighton-hove.gov.uk)

Website: [www.brighton-hove.gov.uk](http://www.brighton-hove.gov.uk)

This team offers advice to people on all welfare benefits. They also produce a range of guides on benefits.

**Brighton Unemployed Centre**

Tel: 01273 671213 or 601211

Tel: 01273 676171 (welfare rights)

Address: 6 Tilbury Place, Brighton, BN2 0GY

Email: [welfarerights@bucfp.org](mailto:welfarerights@bucfp.org)

Website: [www.bucfp.org](http://www.bucfp.org)

Advice on welfare rights and benefits.

**Citizens Advice Brighton & Hove**

Tel: 0808 2787815

Address: Hove Town Hall, Tisbury Road, Hove, East Sussex, BN3 3BQ

Website: [www.cabrightonhove.org](http://www.cabrightonhove.org)

Advice on welfare benefits.

**Possability People**

Tel: 01273 894050

Address: Montague House, Montague Place, Brighton BN2 1JE.

Email: [advice@possabilitypeople.org.uk](mailto:advice@possabilitypeople.org.uk)

Website: [www.possabilitypeople.org.uk](http://www.possabilitypeople.org.uk)

Help and advice on welfare and disability benefits.